

## MENTAL HEALTH RESOURCE NUMBERS

<b>Colorado Crisis and Support Line:</b>	1.844.493.TALK (8255)
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<b>Alcoholic Anonymous Colorado Springs:</b>	719.573.5020 1353 S. 8th Street, Suite 209, Colorado Springs, CO 80905
<b>AspenPointe Crisis Line:</b>	719.635.7000
<b>AspenPointe Crisis Walk-In Center (Kids and Adults):</b>	115 South Parkside Drive, Colorado Springs, CO 80910
<b>AspenPointe Crisis Walk-In Center at Woodmen:</b>	6071 E. Woodmen Rd., Ste 135, Colorado Springs, CO 80923
<b>AspenPointe Non-Crisis Contact Center:</b>	719.572.6100
<b>Cedar Springs Hospital:</b>	719.633.4114
<b>Denver Crisis:</b>	1.888.885.1222
<b>DBSA (Depression and Bipolar Support Alliance):</b>	719.493.TALK (8255)
<b>NAMI (National Alliance on Mental Illness):</b>	719.473.8477
<b>National Suicide Hotline:</b>	1.800.273.TALK (8255)
<b>Peak View Behavioral Health:</b>	719.444.8484
<b>Pikes Peak Suicide Prevention:</b>	719.573.7447
<b>Resource Hotline (Non-Crisis):</b>	211
<b>Safe Alternatives Hotline:</b>	1.800.DONTCUT (800.366.8288)

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To make any changes, please contact: [andrea.svenby@ppchp.org](mailto:andrea.svenby@ppchp.org)