

Now Available!

Life Care Planning Conversations WHAT YOU SHOULD KNOW



Workshop Goals:

With this information individuals, families and caregivers can increase their knowledge about the options available to them if they have an accident, are near the end of their life or just want to plan for the future.

- *Who makes the decisions?*
- *What is included?*
- *How are the directions followed?*
- *How do you share the information with your family, doctor, caregiver, friends, attorney or spiritual advisor?*

This service is available to you at **no cost**. We can help you develop an action plan to share with your doctor, family or whomever you desire to be involved in making your end of life wishes known. We offer flexible meeting times and places.

Be proactive instead of waiting for an emergency or a terminal diagnosis.

- *Have a greater sense of control and comfort with your decisions*
- *Help advise your family or loved ones of your wishes*
- *Help health care workers know how to respond when you need their help*

For more information or to schedule a meeting with a certified Respecting Choices coach call 719-632-5094 or 719-632-5096 or email info@ppchp.org